

## **The Myth of Normal: Trauma, Illness, and Healing in a Toxic Culture**

The term heart disease refers to several types of heart conditions, including coronary artery disease and heart attack.

Although heart disease is sometimes thought of as a man's disease, almost as many women as men die each year of heart disease in the United States.

This map shows death rates from heart disease in women in the United States. The darker red indicates a higher death rate.

The map shows that concentrations of counties with the highest heart disease death rates — meaning the top quintile — are located primarily in Alabama, Mississippi, Louisiana, Arkansas, Oklahoma, Georgia, Kentucky, and Tennessee. Pockets of high-rate counties also were found in Michigan, Ohio, West Virginia, Virginia, North Carolina, South Carolina, Missouri, Texas, Nevada, and Montana.

Source: Interactive Atlas of Heart Disease and Stroke

## Reference

[Qualitative Research: Bridging the Conceptual, Theoretical, and Methodological](#)  
[Research Synthesis and Meta-Analysis: A Step-by-Step Approach \(Applied Social](#)  
[Research Methods\)](#)