

## Rehabilitation Research - E-Book: Principles and Applications

Rehabilitation addresses the impact of a health condition on a person's everyday life by optimizing their functioning and reducing their experience of disability. Rehabilitation expands the focus of health beyond preventative and curative care to ensure people with a health condition can remain as independent as possible and participate in education, work and meaningful life roles. Anyone may need rehabilitation at some point in their lives, whether they have experienced an injury, disease, illness, or because their functioning has declined with age.

Globally, 1 in 3 people today are estimated to be living with a health condition that would benefit from rehabilitation. This need is predicted to increase in the coming years due to changes in the health and characteristics of the population. For example, people are living longer but with more chronic disease and disability. Emergencies, including conflicts, disasters and outbreaks can all create surges in rehabilitation needs. Globally, many people are living with mid- and long-term consequences of COVID-19 and may be in need of rehabilitation to support their recovery from the disease.

## Reference

[Medical Revolution: History for kids: Medical Inventions 1700s to Present](#)

[Forensic Psychology: Theory, research, policy and practice](#)