

## **Rehabilitation Research**

Rehabilitation aims to support people to optimize their daily functioning to manage basic but essential skills, such as communication, mobility and self-care. The benefits of rehabilitation extend beyond basics to other areas of life, such as education and employment. While individuals and their families benefit most from rehabilitation, the community also gains as individuals with improved functioning participate more in their communities and can access education and employment. Good health is an essential condition for everyone, including communities, and good health services that include rehabilitation contributes to building better societies.

## Reference

[Critical Thinking in Clinical Research: Applied Theory and Practice Using Case Studies](#)

[Interviewing as Qualitative Research: A Guide for Researchers in Education and the Social Sciences](#)