

Reading, Understanding, and Applying Nursing Research

The Reading Process

Reading is a process that involves recognizing words, leading to the development of comprehension. According to research, reading is a process that negotiates the meaning between the text and its reader. The reading process involves three stages.

The first is the pre-reading stage, which allows the reader to activate background knowledge, preview the text, and develop a purpose for reading. A strategy for students to utilize during this stage is to look at the title of the selection and list all the information that comes to mind about the title.

The second stage occurs during reading, when the reader makes predictions as they read and then confirms or revises the predictions. For example, a double-entry journal enables the reader to write the text from the reading on one side and their personal reaction on the other side.

The final stage occurs after reading and allows the reader to retell the story, discuss the elements of a story, answer questions, and/or compare it to another text. For example, students can create summaries, where they take a huge selection and reduce it to its main points for more concise understanding.

Comprehension is an intentional, active, and interactive process that occurs before, during and after a person reads a particular piece of writing.

Reading Comprehension

Reading comprehension has two elements that complete the process. The first element is vocabulary knowledge. The reader must be able to understand the vocabulary used by the writer. The second element is text comprehension, where the reader puts together the vocabulary and different comprehension strategies to develop an understanding of the text. Comprehension, or the mental process that allows the reader to understand the text, begins before the reader starts the text and continues even after the reading has finished. There are some specific strategies that can be used to increase comprehension:

Reference

[The Evidence-Based Practitioner Applying Research to Meet Client Needs](#)

[Cancer: The Metabolic Disease Unravelling \(The Real Truth About Cancer\)](#)