

## Health Intervention Research: Understanding Research Design and Methods

### Featured Tools

Your Healthiest Self: Wellness Toolkits “ Your relationships, your emotions, your surroundings, and other aspects of your life impact your overall health. Find ways to improve your well-being with NIH's wellness toolkits.

## Reference

[Medical Nihilism](#)

[Auditory-Verbal Therapy: Science, Research and Practice](#)