

Evidence-Based Validation of Herbal Medicine: Translational Research on Botanicals

Now more than ever, we all face trying situations. The hope we need and hunger for is not a strategy or state of mind, but faith in Jesus. He stands secure for us in the face of every trial, from loss to sickness to injustice. Through 20 short prayers, 10 personal stories of miraculous transformations, and Biblical teachings, *Hope in 60 Seconds* will help you take the first steps towards a journey of security in the hope of Jesus.

“At twenty-one I was as far from hopeful as anyone could get. Maybe as far as you are now.”

Reference

[Treatment Planning with Choice Theory and Reality Therapy](#)

[Making Sense in Psychology: A Student's Guide to Research and Writing](#)