

## New Developments in Expressive Arts Therapy: The Play of Poiesis

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{"title":"Creativity -  
Wikipedia","link":"https://en.wikipedia.org/wiki/Creativity","description":"Crea  
tivity is a phenomenon whereby something new and valuable is formed. The created  
item may be intangible (such as an idea, a scientific theory, a musical  
composition, or a joke) or a physical object (such as an invention, a printed  
literary work, or a painting).. Scholarly interest in creativity is found in a  
number of disciplines, primarily psychology, business studies, and cognitive  
science.", "pubDate":"Wed, 04 Jan 2023 20:34:00 GMT"}
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## Reference

[The Pain Management Workbook: Powerful CBT and Mindfulness Skills to Take Control of Pain and Reclaim Your Life](#)

[Writing in Psychology](#)