

Longitudinal Analysis: Modeling Within-Person Fluctuation and Change (Multivariate Applications Series)

The feasibility and acceptability of questionnaires and accelerometry for measuring physical activity and sedentary behaviour in adults with mental illness. PubMed Chapman, Justin J; Fraser, Sarah J; Brown, Wendy J; Burton, Nicola W 2015-01-01 Adults with mental illness may have difficulties with data collection methods such as questionnaires and accelerometry. To assess the utility of questionnaires and accelerometry for assessing physical activity (PA) and sedentary behaviour (SB) in non-institutionalised adults with mental illness. Participants were recruited from outpatient clinics and community organisations. Participants completed PA and SB questionnaires, wore accelerometers for 7 d, and rated the ease/difficulty of completing study components. Recruitment numbers, adherence, and ease/difficulty ratings were examined. Ease/difficulty ratings were compared between study components, and between participants by distress level. One hundred forty-two participants completed the questionnaires; they found it easier to report PA than reclining time ($p = 0.017$), and reclining time than sitting time ($p = 0.017$).

Reference

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[Beyond the Autism Diagnosis: A Professional's Guide to Helping Families](#)